



## A FULL SERVICE FIRST RESPONDER SUPPORT PROGRAM

This program includes a confidential peer hotline, customized assistance and concierge services for First Responders in need. We also offer a wealth of online and in person training courses that focus on wellness and resiliency

### GET ACCESS TO:

#### Confidential Peer Support Hotline

- Dial **425-655-7556**
- 24/7 access to current and former First Responders
- Completely confidential - bound by the State of Washington confidentiality laws which are the strongest in the nation for First Responders
- Guidance and support to get a fully vetted counselor that is trained to treat First Responders
- Support and coordination to get a fully vetted in patient treatment center that is trained to treat First Responders



#### Training

Live virtual presentations offered monthly. Responder Health University hosts all our training videos available for viewing any time. Trainings cover a variety of topics of interest to First Responders; nutrition, relationships, sleep, stress, PTSD, peer support and more!

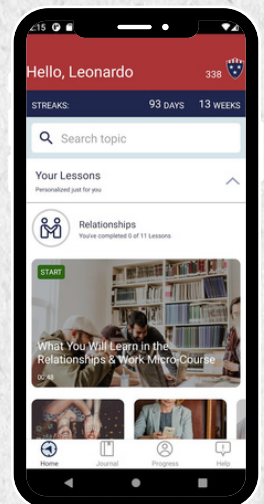
\*All services are confidential and/or exempt to the extent permitted by law.

## THE RESPONDER HEALTH APP AND UNIVERSITY



Company Coupon Code:

**GCGA**



**SAFE CALL NOW  
PROTECTING OUR PROTECTORS  
425.655.7556**