

GET A SECOND OPINION ANYTIME, ANYWHERE



2nd.MD can connect you to top specialists from across the U.S. by video for an expert second opinion. If you or a loved one are feeling unsure about a new diagnosis, recommended surgery, or treatment plan, a second opinion can provide valuable peace of mind.

How it works

1 **ACTIVATE YOUR ACCOUNT
AND REQUEST A CONSULT**

Call **1.866.841.2575**
Visit **2nd.MD/aetna**



*Scan to get
started*

2 **SPEAK WITH A NURSE**

Talk to one of our experienced, compassionate nurses to see if a second opinion is right for you. We'll handle the rest, including gathering your medical records and finding the right specialist.

3 **CONSULT WITH A LEADING SPECIALIST**

Get personalized advice about your diagnosis and treatment plan. Video consultations are available when it's convenient for you, including nights and weekends!

2nd.MD services are confidential and available at NO ADDITIONAL COST to you and eligible family members as part of your benefits.

Our specialists can help you:

- ✓ Confirm a new or existing diagnosis
- ✓ Explore treatment plans and medications
- ✓ Understand if a recommended surgery is right for you

We have a wide network of expert doctors across hundreds of subspecialties and thousands of conditions, including:

- Muscle, joint and bone
- Heart disease and stroke
- Digestive/GI
- Autoimmune
- Men's health
- Women's health
- Cancer
- Pediatric medicine
- Mental health
- Brain and nervous system
- Ear, nose and throat
- And many more

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

©2024 2nd.MD. All rights reserved. 2nd.MD and the 2nd.MD logo are registered trademarks of 2nd.MD and may not be used without written permission. 2nd.MD and 2nd.MD nurses and physicians are independent contractors and are neither agents nor employees of Aetna or plans administered by Aetna. For complete description of the 2nd.MD services, visit 2nd.md/aetna. Member name and other details have been omitted or fictionalized to protect the member's identity. Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna). *2nd.MD's book of business statistics 2022 | 24-168f

96% of 2nd MD users would recommend 2nd.MD to a family member or friend.*